

# eSource Guide



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## **Sponsors, Affiliates, Alliances & International Partners**

Click through the listing links for AEA Sponsors, Affiliates and Alliances. Make sure to check out the AEA Sponsors and Affiliates for additional member benefits and resources.

This is your one click connection to great products and resources for you and your classes! Vendor categories include Apparel/Swimwear/Shoes, Aquatic Audio Equipment, DVDs/CDs, Fitness Equipment, Health/Beauty, Music, Publications/Books, Self Guided Fitness and Services/Safety/Insurance.

This eSource Guide allows you to review the vendor listing and click right on to their website! AEA Members get privileges! Make sure to check out their sites and or contact them directly for your membership incentives! Many vendors offer AEA Member discounts from 10% to 30%.

## **Enjoy the guide and savings it will provide for you!**

We appreciate your dedication and commitment to AEA!



Website: [www.aeawave.com](http://www.aeawave.com)

Phone: 912-289-3559

Toll-Free: 888-232-9283

Fax: 912-289-3560

Email: [info@aeawave.org](mailto:info@aeawave.org)

## **Our Mission:**

The Aquatic Exercise Association (AEA) is a nonprofit organization committed to the advancement of aquatic fitness, health and wellness worldwide.

### AcquaPole®

[www.IndigoAquatics.com](http://www.IndigoAquatics.com)

Phone: 407-864-9831

Patented and made in Italy, AcquaPole is a specially designed piece of equipment for water fitness with an easily assembled base and pole with suction cups that anchor it to the pool floor. With the additional accessories of the Boxing Bag, Elastic Bands and T-bar the AcquaPole® station becomes a versatile tool for multiple purposes and for all generations.

### Akwa Shop

[www.aeawave.com](http://www.aeawave.com)

Phone: 888-232-9283 or 912-289-3559

AEA's online store, Akwa Shop, has the world's largest selection of aquatic fitness DVDs, AEA Apparel, Voice Over CDs, Music & More. The DVD selection features top industry presenters and multiple types of aquatic fitness formats to satisfy all aquatic fitness professionals and enthusiasts. AEA Members can also view select DVDs for free in the Members Only area of the AEA website.

AEA Affiliate

### Aquatix

[www.aquatix.com](http://www.aquatix.com)

Aquatix, a European company, is excited to introduce their innovative aquatic fitness equipment to the USA market. Their equipment includes bikes, treadmills, combat gloves, balls and their signature Happy Flowers – buoyant hand held devices.

### Aqua Body Strong™

[www.aquabodystrong.com](http://www.aquabodystrong.com)

Aqua Body Strong™ is a fitness company founded by fitness professionals for fitness enthusiasts, athletes, moms, dads, fun-seekers and your neighbor down the street. We believe that no matter your shape, size, experience, or age everyone should be able to enjoy an Aqua Body Strong™ workout. As leaders in the fitness industry, we pride ourselves on our commercial grade aquatic-based stability, fitness board, aquatic bicycle, pool trampoline, water fitness pole and specialized workouts.

### Aqua Climb

[www.aquaclimb.com](http://www.aquaclimb.com)

Phone: 800-956-6692

AquaClimb is bringing innovative and original recreation and fitness solutions to pools worldwide with their unique climbing walls. With hundreds of AquaClimbs installed and over a decade of experience, they are the market leader in poolside climbing wall products.

### Aqua Sphere®

[www.aquasphereswim.com](http://www.aquasphereswim.com)

Phone: 877-412-7467

Aqua Sphere is more than swimming apparel, eye protection and accessories. Check out their aquatic fitness equipment, including the popular Ergo Bells, P2K Boards, Ergo Belt, Swim Gloves and more. Aqua Sphere's most recent equipment and program release was – Aqua X – designed by Mark Grevelding and features Aqua X Power Gloves and the Aqua X Core Belt.

### AquaJogger®

[www.aquajogger.com](http://www.aquajogger.com)

Phone: 800-922-9544 or 541-484-2454

Discover Aqua Jogger's unique line of equipment. The line includes their signature deep-water belt, Sqoodles™ (square noodles), ExerSandals™, Aqua-Runners, X-Cuffs and more. AquaJogger also features consumer packages ideal for self-directed exercise in the pool. Interested in taking your running program to the water? Check out their Water Running handbook.

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[www.sbrsportsinc.com](http://www.sbrsportsinc.com)

AEA Available at [SwimOutlet.com](http://SwimOutlet.com),  
[TheLifeguardStore.com](http://TheLifeguardStore.com) Amazon.com & other locations

## AquaKinetics®

[www.aquarider500.de](http://www.aquarider500.de)

This German company develops and manufacturers aqua cycles. Their newest model, the Aquarider®500, reflects 6 years of product knowledge. Behind this knowledge is a team of trainers and 250 AquaRider centers operating all over Germany, along with the experience of 120,000 Aqua-Cycling participants per month.

## Aqualogix®

[www.aqualogixfitness.com](http://www.aqualogixfitness.com)

Phone: 866-603-1156

Aqualogix specializes in upper and lower body equipment designed to maximize drag resistance. Their equipment line is popular for personal training and cross training for athletes and is currently being used by the U.S Marines in their signature aquatic training programs.

AEA Affiliate



## Aqua Ω

[www.aqua-ohm.com](http://www.aqua-ohm.com)

Invented and developed by a physical therapist, Aqua-Ω is an exciting piece of fully adjustable drag resistance water exercise equipment which can be used for both arms and legs. It can be adjusted for size and resistance level to accommodate everybody, and since it is not buoyant, it is safe to use for all joints, populations, and purposes. The Aqua-Ω is fun to use in both deep and shallow water as well as for boot camp style classes and arthritis management. It packs small and travels well while it is affordable. Just visit our website at [www.aqua-ohm.com](http://www.aqua-ohm.com) or email us at [info@aqua-ohm.com](mailto:info@aqua-ohm.com) for more information.

AEA Affiliate

## AQUA Stand Up®

[www.aquastandup.com](http://www.aquastandup.com)

Phone: 424-334-4237

AQUA STAND UP®, created in France in 2011, is the first Aquatic Training Program inspired by the Stand Up Paddleboard. AQUA STAND UP® is a turnkey solution composed of equipment designed and specially made for indoor or outdoor training. It's fun, efficient and achievable for everyone regardless of age.

## Aquastrength

[www.aquastrength.com](http://www.aquastrength.com)

Aquastrength offers a range of drag resistance equipment and programming designed to suit all ages and abilities. Their equipment is used across the globe for everything from Sports Performance Training through to Rehabilitation and Recovery. Now manufactured and shipping from the USA.

AEA Affiliate

## Aquatic Access®

[www.aquaticaccess.com](http://www.aquaticaccess.com)

Phone: 502-425-5817

Aquatic Access manufactures a variety of waterpowered lifts to provide access to pools, spas, boats, and docks for individuals who have difficulty with stairs and ladders. All lifts can be customized for unusual pool situations and there are a variety of accessories and options available as well.

## Aquatic Therapy & Rehab Institute (ATRI)

[www.atri.org](http://www.atri.org)

Phone: 866-462-2874

ATRI is a non-profit, educational corporation dedicated to the professional development of health care providers in the area of aquatic therapy. ATRI offers membership, certification, continuing education courses and conferences. For education in aquatic therapy and rehab, ATRI is your source.

## Aquatics International

[www.aquaticsintl.com](http://www.aquaticsintl.com)

Aquatics International covers news, trends, training, products, design, and business-management tactics for the commercial swimming pool and waterpark industry. Their services include a magazine, comprehensive directory of the aquatics industry, classified ads and more.

## Arbonne

[www.30days2fit.com](http://www.30days2fit.com)

Phone: 772-321-4859

Looking to shed some weight or make a change in your eating habits? IAFC veteran vendor, Dawn Bamberg, showcases health and nutritional products in her program, 30days2fit. These wellness packages are designed to help busy people eat and feel healthier with minimal time and effort.

## Arthritis Foundation

[www.arthritis.org](http://www.arthritis.org)

Phone: 404-872-7100

The Arthritis Foundation's mission is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases. The Arthritis Foundation's vision is to create a world free of arthritis pain. Please visit their website for important facts and figures revealing that this disease is unacceptable and can produce devastating consequences if not taken seriously.

## AV Now Fitness Sound

[www.avnow.com](http://www.avnow.com)

Phone: 800-491-6874

AV Now is your one-stop solution for aqua-aerobic sound gear. Everything we offer is chosen because it will withstand the unique demands put on it by AEA Instructors. If you need advice on what product will best suit your application and budget, contact us. Our Sound Advice is always free.

## Back Beach CO

[www.Backbeachco.com](http://www.Backbeachco.com)

Back Beach CO, designed in Australia, has an array of towel robes, hoodies, swim nappies, towel hats, swimwear, beach bags and swim caps. These pieces can be customized in your favorite team colors or even your favorite logo! Adult and child sizes available.

## barre'letixx

<https://barreletixx.com>

Through many years of research, first-hand experience and technological advancements, barre'letixx creates performance skins made of a lightweight, durable material that is designed to last while remaining flexible and supportive. With barre'letixx revolutionary design in footwear, you will experience less slipping and more stability.

## Biking Noodle

[www.bikingnoodle.com](http://www.bikingnoodle.com)

A new kind of aqua cycle - a noodle transformed into an aqua bike! Select from the Standard or Pro model; with or without a seat, straight or bent handle bars. Add the balancing disks to the handlebar to add resistance and to aid with balance. Ideal for self directed exercise in the pool.

## Body Bar™

[www.bodybar.com](http://www.bodybar.com)

Phone: 800-500-2030

The AquaFLEX Bar is similar to the versatile Body Bar FLEX, but redesigned for use in water fitness classes. The bar is very lightweight, flexible, and buoyant, adding variable resistance for aquatic fitness workouts. Add something new to your aquatic exercise programming. The AquaFLEX was featured at IAFC for the first time in 2013.

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[www.nekdoodle.com](http://www.nekdoodle.com)

## BootyShawl™

[www.mybootyshawl.com](http://www.mybootyshawl.com)

Etsy Site: [www.bootyshawl.etsy.com](http://www.bootyshawl.etsy.com)

A derriere tender. A wardrobe extender. And a fashion con-tender. Booty Shawl™ is a flirty little hip wrap designed to cover just enough, but not too much. Like a scarf for your neck, it's an accessory for your backside. Inspired by the on-the-go lifestyles of women, Booty Shawl™ is your go-to get up to and from workouts. Slip it on over a swimsuit, yoga pants or skinny jeans. Wrinkleresistant, fast drying, easy care.

## BOWSWIM®

[www.bowswim.com](http://www.bowswim.com)

Phone: 941-468-8988

BOWSWIM Resistance Swimming System manufactures the strongest stationary swimming pole in the industry. The BOWSWIM pole is engineered with telescoping technology. Designed for use in its fully extended position, it allows for a wide variety of horizontal and vertical exercise activities in the pool. Olympic speed skating medalist, Cathy Turner, is a spokesperson for BOWSWIM.



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## Color Me Healthy Fitness

[www.321getfitt.com](http://www.321getfitt.com)

Phone: 321-749-8719

Why am I so tired? Why can't I lose weight? Why do I feel so depressed? If you have asked yourself these questions and others like these, Color Me Healthy Fitness wants to help you take action, take control and get nutritionally fit. Deb Oringer, company founder, showcases Isagenix products designed to help you balance your mind, body and life.

## CPH & Associates

[www.cphins.com](http://www.cphins.com)

[www.cphins.com/aea/](http://www.cphins.com/aea/)

Phone: 800-875-1911

CPH is proud to partner with AEA as the preferred liability insurance provider! As a leader in customer service and technology, our 20+ years of experience allows us to focus on your liability needs in a specialized way. CPH will support you professionally so you can do what you do best. With premiums as low as \$82/year, policies include professional liability, premise liability, first aid and much more!

AEA Affiliate

## Dolphin Swimwear®

[www.dolphinswimwear.com](http://www.dolphinswimwear.com)

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Phone: 800-441-0818

Dolphin has been one of the leading swimwear brands for more than 70 years. It is recognized for offering the best value in the industry with the highest standards of innovation and quality. Founded and operated in Pennsylvania, Dolphin continues to provide its customers with the best quality swimwear at the most competitive prices in the industry. Dolphin is committed to customer satisfaction and to our goal of becoming America's most popular brand of swimwear.

## Dynamix Music

[www.dynamixmusic.com](http://www.dynamixmusic.com)

Phone: 800-843-6499

Dynamix features motivating and upbeat music for all workout routines - music any generation will enjoy working out to. This includes music for aqua, step, mind/body, body conditioning, cycling and more. AEA Members receive a 20% discount on all full-priced CDs. AEA and Dynamix have co-produced several CDs for aquatic fitness, including 1 Hit Wonders, Aqua Classics, Best of Aqua and more.

## EGGhead Soques®

[www.eggheadsoques.com](http://www.eggheadsoques.com)

Phone: 585-775-7589

The Egghead Soques® is designed to become the leader in swim caps for recreational swimmers with dreadlocks. The mission of Egghead Soques is to encourage African-Americans to participate in aquatic activities and make this part of a healthier and safer lifestyle. Other designer hair coverings are also available - including those for the beach, spa and more.

## **ELIVATE®**

**www.elivatefitness.com**

Phone: 800-537-5512

ELIVATE® is a private, family-owned American supplier of fitness, health, and wellness products and product knowledge. We understand that healthy living is more than a lifestyle choice. It's a commitment.

## **Equilibrium Activewear**

**www.Equilibriumactivewear.com**

Nearly 20 years in business, this family owned active wear company uses mainly Supplex fabrics for their unique pieces. Supplex® fabrics offer the feel of cotton with the benefits of advanced fiber technology. Supplex doesn't crease, wrinkle, shrink or fade as cotton could over time. When compared to both synthetic and non-synthetic fabrics, Supplex also dries quickly and is breathable.

## **Exercise ETC, Inc.**

**www.exerciseetc.com**

Phone: 800-244-1344

Since 1993, Exercise ETC has been providing high quality, cost effective continuing education programs to personal trainers, athletic trainers, group fitness instructors, dietitians and physical therapists.

## **Fitness Learning Systems (FLS)**

**www.fitnesslearningsystems.com**

Phone: 888-221-1612

Fitness Learning Systems (FLS) provides at home professional continuing education courses for group/aquatic fitness instructors, personal trainers, coaches, fitness and allied health professionals. Discover their superior educational e-learning format that combines text, graphics, audio and video to help you learn faster and retain more.

## **FITCO Liability Insurance**

**www.myfitco.com**

Phone: 800-991-3080

Offered by Venbrook Insurance, FITCO offers the average \$1 million policy preferred by most fitness professionals for \$230.00 per year. AEA certified instructors receive a discount of \$15.00. Personal liability insurance is often recommended and/or required for aquatic fitness professionals.

## **Fitmotivation**

**www.fitmotivation.com**

Phone: 585-281-0777

Fitmotivation.com has the internet's largest collection of aquatic fitness videos. This premier online training resource features over 175 videos from the world's leading educators. Each video includes editable notes and an educational video blog. AEA certified instructors can also earn affordable and convenient CECS with 18 online CEC quizzes, each worth 2.0 AEA CECS. There is also an online marketplace that serves the needs of aquatic fitness professionals.

AEA Affiliate

## **Fitnessoccasion**

**www.h2ofit.it**

This Italy based company provides innovative aquatic programming and products. H2OFIT AQUAFITBOXE features a submergible stand-up punching bag that takes aquatic kickboxing to an entirely new level. Their program and product line also includes H2OFIT AQUAJUMP, featuring a submergible mini trampoline. Check out Fitnessoccasion's Facebook page for videos showing their products and programming in action.

## **Fun & Fitness Travel Club®**

**www.fun-fitness.com**

Phone: 800-955-9942

Fun & Fitness Travel Club members cruise on all 33 Royal Caribbean and Celebrity ships. They enjoy daily, private water exercise classes taught by certified fitness instructors. There are no club dues or membership fees and many AEA certified fitness professionals enjoy cruising free as a host instructor.

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**WWW.HYDROREVOLUTION.COM**

The advertisement features a dark blue background with a textured, stone-like pattern. At the top, the text 'HYDRO REVOLUTION' is written in large, white, bold, sans-serif capital letters. Below this, in smaller white capital letters, is 'POWERED BY AQUALOGIX & AQUASTRENGTH'. The middle section contains three circular icons stacked vertically, each with a white border. The top icon shows two people in a pool, the middle one shows a person in a pool, and the bottom one shows a person in a pool. To the right of each icon is a large, white, bold, sans-serif word: 'EQUIPMENT', 'PROGRAMS', and 'TRAINING'. At the bottom, a white banner contains the text 'AEA MEMBERS SAVE 20%' and 'DISCOUNT CODE: AEAMEMBER' in bold, black, sans-serif capital letters. Below the banner, the website 'WWW.HYDROREVOLUTION.COM' is written in white, sans-serif capital letters. In the bottom right corner, there is a small logo for AEA.

## GMP Fitness

[www.gmpfitness.com](http://www.gmpfitness.com)

Phone: 845-369-9022

GMP Fitness, founded by CEO Gina Piazza, is an educational leader in the sports, health and fitness industry. We are the professional's resource for innovative and informative education programs. We offer affordable and accessible fitness education courses that include top notch educational materials in a variety of formats, so that health/fitness professionals can maintain certification and expand their expertise.

## Gymstick

[www.gymstick.com](http://www.gymstick.com)

Gymstick Original, a fiberglass stick with resistance tubing, handles and ankle straps, is a functional resistance tool that does more than replicating free weight exercises; it provides resistance in virtually any direction and in any position. Gymstick Aqua has all the same features, but it can be used in water. Gymstick Aqua is a safe and functional tool for water-based group training, personal training, rehabilitation or sports performance training.



## H2O Wear

[www.h2owear.com](http://www.h2owear.com)

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Phone: 800-321-7848

H2O Wear is dedicated to making long-lasting, ultra chlorine-resistant swimwear. They take pride in delivering personalized customer service and strive to put you in the perfect suit. AEA certified instructors can join up for the AquaPro program and receive 30% off H2O swimwear – and students get 10% off. In addition to swim apparel, H2OWear also features equipment, including a new deep-water belt.

## Human Kinetics

[www.humankinetics.com](http://www.humankinetics.com)

Human Kinetics is the information leader in physical activity and health. Books, online courses, journals, and other products are available to help people worldwide lead healthier lives. Human Kinetics is the publisher of the AEA sixth edition Aquatic Fitness Professional Manual.

## Hydro-Actif

[www.hydro-actif.com](http://www.hydro-actif.com)

Founded by international AEA Trainer, Steph Toogood, Hydro-Actif is based in the United Kingdom. Hydro-Actif offers a wide variety of products to the aquatic fitness professional, including DVDs, music CDs, equipment, apparel and educational programs and events.

## HydroChic®

[www.hydrochic.com](http://www.hydrochic.com)

Phone: 866-473-7933

HydroChic, Sun Protective Active Wear for Swim & Sport, is devoted to providing stylish, high quality sun protective products for women who love water and the outdoors. Designed by women, HydroChic offers a full range of UV protection, ultra chlorine resistant, plus size and modest clothing and swimwear.

## Hydro Pilates™

[www.hydropilates.com](http://www.hydropilates.com)

Phone: 305-505-3859

Hydro-Pilates™ is a non-impact strengthening and stretching program that requires precise breathing and muscle control. This program features mindbody based on movements from yoga, modern dance, and gymnastics. Contact Hydro-Pilates to see if there is a training scheduled near you.

**Hydrorevolution**  
[www.hydrorevolution.com](http://www.hydrorevolution.com)

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**Phone: 866-603-1156**

Hydrorevolution recognizes the need for a forward movement in the Aquatic Fitness market that specializes in drag resistance training and education. By partnering with leading drag resistance equipment brands, Aqualogix® and Aquastrength® and working with a worldwide network of industry experts, Hydrorevolution is able to develop a wide range of products and programming suitable for all ages and abilities looking to improve their health and fitness.

**HYDRORIDER®**  
[www.hydroriderusa.com](http://www.hydroriderusa.com)

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**Phone: 305-762-7557**

In 2000 HYDRORIDER became a pioneer in the industry by showcasing their aquatic stationary bike. Today, HYDRORIDER'S signature line of equipment includes Aqua Bikes, Aqua Treadmills, Aqua Jumps, Aquatic Poles, Aqua Stations, Aqua Boards and Rider Bands. Training is available for all our equipment. Always looking forward for the best in the aquatic industry, all products are made with Marine Stainless Steel (AISI 316L), making them durable, safe and efficient for everyone.

**HydroWorx®**  
[www.hydroworx.com](http://www.hydroworx.com)

Phone: 800-753-9633

Located near Harrisburg, PA, HydroWorx develops and manufactures underwater treadmills and aquatic therapy pools. HydroWorx offers both portable and built-in underwater treadmills for rehab, training and therapy. HydroWorx's patented underwater treadmill is revolutionizing physical therapy, sports medicine and fitness.

**Indigo Aquatics**  
[www.IndigoAquatics.com](http://www.IndigoAquatics.com)

AEA Affiliate

Phone: 407-864-9831

INDIGO AQUATICS strives to bring new dynamic aquatic programs by integrating the international brands of Acquapole®, SAF Aqua Drums Vibes® into alternative fluid gym applications. Online learning programs are available under the ISAF® proprietary system directed to enhance the use of vertical style aquatics equipment with instructor training programs to ensure engaging, interactive and rewarding experiences. Course topics cover safe and proper use of the equipment, applicable positions and motions, anatomic considerations, water adaptations and the creation of applicable movement combinations for postural, endurance, resistance and circuit training.

**Kiefer®**  
[www.kiefer.com](http://www.kiefer.com)

Phone: 800-323-4071

Over the last 65 years, Kiefer has continued in their quest to provide the industry's best swimsuits, swim gear, pool equipment and training products. Kiefer is a leading source for aquatic therapy and water fitness supplies, including flotation belts, dumbbells, swim gloves and more.

**LaBlast Splash**  
[www.lablastfitness.com](http://www.lablastfitness.com)

AEA Affiliate

Phone: 951-382-0172

Created by three-time World Dance Champion and Emmy nominated choreographer Louis van Amstel, LaBlast® Splash is a shallow aqua dance fitness program based on all the dances you see on "Dancing with the Stars" – It is partner free and uses a wide variety of music in the program. LaBlast® Splash uses several dance styles including ballroom dancing. You'll learn the true skill of dance, while adhering to AEA principles of water exercise, making this a fun-filled, high energy, class that will both challenge and inspire people of all ages and fitness levels. LaBlast® Splash is a perfect balance between dance and fitness.

**AQUATIC FITNESS GEAR**  
Used by Leading Aquatic Associations

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[bootyshawl.etsy.com](http://bootyshawl.etsy.com)

## LyndaHuey.com

[www.LyndaHuey.com](http://www.LyndaHuey.com)

Phone: 310-845-9690

LyndaHuey.com combines the best of pool therapy and traditional land physical therapy in one convenient place. Their attentive staff is committed to providing patients with the highest quality care, treating them with kindness and respect from the first appointment until full recovery.

## Multiple Sclerosis Association of America (MSAA)

[www.mysaa.org](http://www.mysaa.org)

The Multiple Sclerosis Association of America (MSAA) is a leading resource for the entire MS community, improving lives today through vital services and support. The Multiple Sclerosis Association of America (MSAA) is a national, nonprofit organization founded in 1970 and is dedicated to improving lives today. MSAA provides ongoing support and direct services to individuals with MS, their families, and their care partners.



## Muscle Mixes Music®

[www.musclmixes.com](http://www.musclmixes.com)

Phone: 800-526-4937

Founded in 1988, Muscle Mixes Music is an industry leader when it comes to fitness music. In the two decades since its inception, Muscle Mixes Music has created thousands of high-quality fitness mixes used by instructors, trainers and individuals worldwide. Selections include aquatic fitness formats, such as Mark Grevelding's Aqua Pool Party and Steph Toogood's Aqua Swing Sensation.

## National Swimming Pool Foundation (NSPF)

[www.nspf.org](http://www.nspf.org)

Phone: 719-540-9119

NSPF is a non-profit international organization dedicated to improving public health. A safer aquatic environment is achieved through education and research. The foundation's Certified Pool-Spa Operator® (CPO®) program is the world's leading education program for pool and spa operators and health officials, certifying over 200,000 from 45 countries.

## Nekdoodle® Inc.

[www.nekdoodle.com](http://www.nekdoodle.com)

Phone: 209-476-8000

The Nekdoodle® is Arthritis Foundation approved Supportive and Resistance equipment. Doubles as a kickboard and can be used to maintain alignment, balance and stability. Easy grip and can be used to add resistance to hand, arm, and shoulder exercises. Nekdoodle® pool float provides a soft cushion and support for your head and neck when used for water workouts. Jogging, skiing, and kicking can be performed in upright, seated, and floating combinations with use of the Nekdoodle®.

AEA Affiliate

## NZ Manufacturing

[www.nzcordz.com](http://www.nzcordz.com)

Phone: 800-886-6621

Used by leading Aquatic Associations and the Hydro-Pilates™ program, StretchCordz® Aquatic Resistance Gear is designed to improve stamina and power. Also available are MediCordz® Rehabilitation Gear and TurfCordz® Strength Training Gear.

AEA Affiliate

## Personal Fitness Professional (PFP)

[www.fit-pro.com](http://www.fit-pro.com)

Phone: 800-536-1992

PFP is the leading provider of business information for personal trainers. Since the inception of the magazine in 1999, they have added more venues to disseminate information to fitness professionals, including a website, an electronic newsletter, social media and much more. Expand your career and your income with solid education and advice from PFP.

## **Peyow™ Aqua Pilates**

**www.aquapilates.net**

Phone: 866-939-6400

Peyow™ Aqua Pilates features Joseph Pilates' original principles and exercises adapted for the water. "Peyow" (pee-yow) is the Chinese Mandarin word for float "Floating Pilates." Created by Anne Pringle Burnell, the program includes an 85-minute DVD and a manual for instructors and therapists, written by Anne and physical therapist Lee Everett. Contact Peyow for a training near you.

## **Polar® USA**

**www.polar.com**

Phone: 800-227-1314

Polar has been leading the way in technological innovations and heart rate monitors since 1977. They cater to all levels of fitness, including triathletes, and aquatic activities by offering a comprehensive product range, along with essential support and advice.

## **Power Music®**

**www.powermusic.com**

Phone: 800-777-BEAT

Since 1987, Power Music has been the recognized source of music for fitness professionals. A massive music library, extensive base of customer advocates, established mail-order and E-commerce operations and talented employees with over 50 years of cumulative experience comprise the foundation of their success.

## **Power Systems®**

**www.power-systems.com**

Phone: 800-321-6975

Power Systems is your go-to source for all forms of fitness equipment. They offer a line of aquatic fitness equipment that includes belts, gloves, noodles, kickboards and their signature Aqua Versa-Tube, which is rubberized resistance (tubing) designed for the water.

## **SAF AQUA DrumVibes®**

**www.IndigoAquatics.com**

Phone: 407-864-9831

Patented and made in Poland, SAF AQUA DrumVibes is a unique program composed of meticulously selected grips, positions, exercises and variations using drum sticks in combination with drum rhythms. The program is designed to exploit creativity and help create a truly special lesson via a skillful combination of all its elements.

## **SBR Sports**

**www.sbrsportsinc.com**

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**Phone: 800-620-4094**

SBR Sports features TRISWIM an aqua therapy "chlorine-out" hair and skin care. The product line features shampoo, conditioner, body wash and lotion. TRISWIM ingredients work to neutralize and remove the chlorine, bromine, salt water and chemical odor from your skin and hair. TRISWIM will leave your skin moisturized and smooth, and your hair, clean, shiny, healthy and soft.

## **SolRX®**

**www.solrx.com**

Phone: 770-271-4412

SolRX's 8-hour waterproof sunblock is used by aquatic fitness professionals and aqua enthusiasts worldwide. SolRX has a wide array of original formula, dry zinc, UVA/UVB broad-spectrum products, as well as other specialized products. SolRX was the official sun screen provider for IAFC 2010.



## Special Projects Audio

[www.specialprojectsaudio.com](http://www.specialprojectsaudio.com)

Phone: 866-491-2677

Designed for optimum performance in demanding environments, Special Projects' microphones and portable sound systems have become a favorite of aquatic fitness professionals. The H2O mic has become a widely used submersible microphone and the portable Group X Evo Lite and the Evo headset are now used in pool settings worldwide.

## Spri®

[www.spri.com](http://www.spri.com)

Phone: 800-222-7774

SPRI Products, Inc. is the leading manufacturer and distributor of rubberized resistance exercise products for the health and fitness industry. SPRI designs and produces innovative resistance exercise products and has led the way in popularizing rubberized resistance workouts.

## Sprint® Aquatics

[www.sprintaquatics.com](http://www.sprintaquatics.com)

Phone: 800-235-2156

From water aerobics to physical therapy, and from competitive water sports to recreational activities, Sprint Aquatics has been outfitting pools for over 40 years. They have every kind of aquatic fitness equipment (buoyant, drag, weighted) and they carry three different kinds of aquatic steps.

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# AQUA Ω

[www.aqua-ohm.com](http://www.aqua-ohm.com)

The uniquely versatile and adjustable Aqua-Ohm, simply uses drag resistance and makes water exercise easy, fun, and affordable

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## Starfish Aquatics Institute (SAI)

[www.starfishaquatics.org](http://www.starfishaquatics.org)

Phone: 877-465-4545

Starfish continues to explore new ways to deliver training and products, but they have only one service—aquatics—and only one mission—reduce drowning and save lives. Their Safety Training & Aquatic Rescue (STAR) program is ideal for aquatic fitness professionals who are not lifeguard trained.

## Stepin2now® by H2owear®

[www.h2owear.com/stepin2now](http://www.h2owear.com/stepin2now)

Phone: 800-321-SUIT (7848)

The leading EASY ON - EASY OFF swimsuit first tested and approved by women with arthritis, is loved by everyone who wants a suit they can put on and take off easily. Now made exclusively by H2oWear, makers of the highest quality, guaranteed chlorine-resistant women's swimwear. Stepin2now by H2owear is the solution: support, coverage and style without twisting and pulling!

## Summer Solutions, Inc

[www.summersolutionsswim.com](http://www.summersolutionsswim.com)

Phone: 724-780-2404

Headquartered near Pittsburgh, PA, Summer Solutions launched with our inaugural product, Suit Solutions. This specially formulated swimsuit rinse neutralizes chlorine and protects suit material. Due to its success, Summer Solutions has now developed a full line of swimsuit, hair and skin care products for aqua enthusiasts.

## Swimandsweat

[www.swimandsweat.com](http://www.swimandsweat.com)

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Your leading source for chlorine resistant swimwear and accessories at savings up to 65% off full prices. Shop affordable customer favorite brands like Krinkle, Aquamore, Dolphin, Activewear for the pool deck and more, designed to withstand chlorine and harsh pool chemicals. Get a fade-proof guarantee, fast shipping and easy exchanges. Check out our Wellness tab on the homepage to visit our Wellness At Any Age blog featuring great free content such as Water Exercise videos, the featured Instructor of the Month, Water Exercise Testimonials, and our newly launched People2Pool online search tool where instructors become searchable around the world by participants and facilities!

## Swimsuits For All

[www.swimsuitsforall.com](http://www.swimsuitsforall.com)

Swimsuits For All embodies a 74-degree state of mind all year long and provide beautiful swimsuits in sizes 4-24. Swimsuits For All is known for swimsuits with superior construction, expert fit and innovative designs. Additionally, they carry a line of chlorine resistant swimsuits and workout wear that retains its shape and fabric quality. Through perfect-fitting swimwear catered to every body, Swimsuits For All inspires women of all ages, shapes and sizes to be confident and carefree in the swim they're in.

## The Personal HealthTrac

[www.personalhealthtrac.com](http://www.personalhealthtrac.com)

AEA Trainer, Monique Acton, offers educational products and programs for the aquatic fitness industry. A variety of DVDs are available for both deep and shallow water programming. The Aquatic After Care Training Manual provides aquatic transitioning and sample workouts for individuals with orthopedic injuries and other health conditions. At home CEU courses are also available.

## Theraquatics.com

[www.theraquatics.com](http://www.theraquatics.com)

Phone: 334-669-8838

Theraquatics.com is a supplier of aquatic exercise and therapy equipment. They design, manufacture, and market their own equipment, including hand held drag and buoyant devices, kickboards, rubberized resistance and much more for both aquatic fitness and therapy activities.

## TRC Recreation

[www.texasrec.com](http://www.texasrec.com)

Texas Recreation, owner of the brand name SUPERSOFT®, is a leading innovator and manufacturer of exceptional water and outdoor recreational products. Available are pool floats, floating chairs and lounges, spa pillows, water toys, games and accessories, plus many more fresh designs each year.

## Tsunami Fitness, LLC

[www.Tsunami-Fitness.com](http://www.Tsunami-Fitness.com)

801-970-4420

Tsunami Fitness is the most fun and challenging fitness class on water. We offer the most affordable inflatable fitness boards, GUARANTEED! Tsunami Fitness provides an instructor training course where you can earn AEA, NASM & AFAA CEU's. Our classes are designed for anyone at any level because of the progressions and regressions in our workouts.

## USA Swimming

[www.usaswimming.org](http://www.usaswimming.org)

Phone: 719-866-4578

The National Governing Body for the sport of swimming in the United States. USA Swimming is a 300,000-member service organization that promotes the culture of swimming by creating opportunities for swimmers and coaches of all backgrounds to participate and advance in the sport through clubs, events and education.

## VIP Solutions

[www.aquatrek2.com](http://www.aquatrek2.com)

Phone: 800-726-8620

VIP Solutions, LLC is the sole manufacturer of the AquaTrek2 product line. Our custom manufactured swimming pool access products include the AquaTrek2 pool Ladder, AquaTrek2 Transfer System, AquaTrek2 pool Ramp, AquaTrek2 Transfer Platform and the AquaTrek2 Aquatic Wheelchair family.

## vyve splashpants

[www.vyve.shop](http://www.vyve.shop)

vyve's splashpants are capri's that work on land AND in water. They're like a swim suit. Made of compression fabric, vyve's splashpants hug your body, don't bloat and dry quickly. They're perfect for outings to the beach, water park or hiking to a waterfall! Slip them in your travel bag for the perfect multi-purpose active wardrobe piece.

## Water Gear

[www.wateregear.com](http://www.wateregear.com)

Phone: 800-794-6432

Water Gear provides the avid water enthusiast with high quality products at reasonable pricing so they can enjoy the water to its fullest. Their line of products includes aqua aerobic and storage equipment.

## WaterART™ Fitness International

[www.waterart.org](http://www.waterart.org)

Phone: 866-543-8938

WaterART specializes in land and aquatic fitness certification, as well as education for instructors, personal trainers, health care providers and consumers. Programs, which cover a wide array of fitness specialties, may be completed via onsite training or home study options. WaterART Fitness International is a Canadian online retailer for Speedo Products.

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## WaterGym®

[www.waterym.com](http://www.waterym.com)

Phone: 888-928-3749

WaterGym® showcases their popular water flotation belt, touted as one of the most comfortable deepwater belts on the market today. They also provide buoyant hand bars and educational products for both aquatic fitness professionals and enthusiasts.

## WaterWorkOut

[www.waterworkout.com](http://www.waterworkout.com)

Phone: 800-566-2182

One of the industry's most popular presenters, Karen Westfall, has compiled a vast collection of her favorite aquatic fitness products including DVDs, Music CDs, books and a large selection of equipment.

## WE COACH

[www.WaterExerciseCoach.com](http://www.WaterExerciseCoach.com)

AEA's 2013 Aquatic Fitness Professional Global Award Winner, Laurie Denomme features her unique line of industry resources. Her products include DVDs, Audio CD Workouts, music and training tools for featured product lines including: AquaStretch™, HIYO and Water Workouts to Go!

AEA Affiliate

## Wellness Mats®

[www.wellnessmatsfitness.com](http://www.wellnessmatsfitness.com)

Phone: 800-981-4979

Wellness Mats Fitness Mat is the ideal mat for deck instruction. Take the impact out of your deck instruction with a mat that suspends body weight for incredible support and unmatched comfort. Non-slip (top & bottom) with edges that never curl, the Fitness Mat is easy to clean and maintain. You can even customize your mat with a logo or company name.

## White Crow Yoga

[www.whitecrowyoga.com](http://www.whitecrowyoga.com)

Phone: 615-218-7279

White Crow Yoga, LLC is committed to offering the finest Yoga classes and teacher trainings. White Crow Yoga offers a fun, educational, and non-judgmental environment where you can connect to your mind, body and spirit through the practice of Yoga. Contact White Crow to see if there is an Aqua Yoga Teacher Training near you.

## Yes!® Fitness Music

[www.yesfitnessmusic.com](http://www.yesfitnessmusic.com)

Phone: 800-321-9379

Yes! Fitness Music is here to champion the spirit and passion of Group X instructors around the world by connecting them with the best music so they can teach the best classes. Yes! Fitness Music caters to every style, every routine and every class, including all aquatic fitness formats. AEA and Yes! Fitness Music have co-produced several CD's for aquatic fitness, including Aqua Rock-a-Pooloza, Aqua Celebration and Aqua Revolution.

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## Zumba® Fitness

[www.zumba.com](http://www.zumba.com)

Phone: 866-649-5817

Founded in 2001, Zumba Fitness is a global lifestyle brand that fuses fitness, entertainment and culture into an exhilarating dance-fitness sensation! Zumba® exercise classes are "fitness-parties" that blend upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration. Aqua Zumba debuted in 2009 and continues to be a hit in pools around the world.



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## Department Email Directory

**AEA Assistance/General**  
[info@aeawave.org](mailto:info@aeawave.org)

**Renewals and CEC Tracking**  
[bre@aeawave.org](mailto:bre@aeawave.org)

**Akwa Shop**  
[troy@aeawave.org](mailto:troy@aeawave.org)

**Arthritis Foundation & Online Programs**  
[julia@aeawave.org](mailto:julia@aeawave.org)

**IAFC-International Aquatic & Special Event Registration**  
[troy@aeawave.org](mailto:troy@aeawave.org)

**Weekend Event Hosting & Promotional Opportunities**  
[dee@aeawave.org](mailto:dee@aeawave.org)

**AEA Event Registrations**  
[bre@aeawave.org](mailto:bre@aeawave.org)